



Call A Better Balance.
We're here to help
you keep your balance,
and keep your job.

FAMILY LEAVE WORKS

Paid Family Leave in New York State

What does the paid family leave law do?

The law guarantees workers time off to bond with a new child (including adopted and foster children); care for seriously ill family member (child, parent, parent-in-law, spouse, domestic partner, grandchild, grandparent, or sibling); or take care of certain military family needs.

Am I covered?

If you're employed outside the government in New York State, either full-time or part-time, you're probably covered under the law, regardless of how many people work for your employer.

How much paid family leave can I take?

You can take up to 12 weeks of family leave.

How much of my paycheck can I get while I am on paid family leave?

You can receive 67% of your average weekly pay, up to a cap. In 2023, the cap is \$1,131.08 per week. In 2024, the cap is \$1,151.16 per week.

Will my job be protected while I am on leave?

Yes. You have the right to return to work. If you receive healthcare coverage through your employer, you also have the right to keep your healthcare coverage under its current conditions.

When can I begin taking paid family leave?

You can start receiving benefits six months after your start date. If you work less than 20 hours per week, you may need to work for slightly longer (175 days) to qualify.



If you have a problem—or want more
information—call our free legal clinic

1-833-NEED-ABB

www.FamilyLeaveWorks.org